

林宜美著作目錄

(2020/7/20)

(一)、期刊論文(Original Paper)

1. **Lin, I. M.***, Wang, S. Y., Fan, S. Y., Peper, E., Chen, S. P., & Huang, C. Y. (2020 Accepted). A single session of heart rate variability biofeedback produced greater increases in heart rate variability than autogenic training. *Applied Psychophysiology and Biofeedback*. (SSCI)
2. 柯佳宜、**林宜美***、李純瑩(2020)。傳統減重合併心理介入之療效。 *台灣衛誌*, 39(3), 311-325. (TSSCI)。
3. Chen, T. C., & **Lin, I. M.*** (2020). The learning effects and curves during high beta down-training neurofeedback for patients with major depressive disorder. *Journal of Affective Disorders*, 266, 235-242. (SSCI)
4. 呂姿誼、簡晉龍、**林宜美***(2020)。中文版食物渴望特質量表之信效度研究。 *中華心理衛生學刊*, 33(1), 27-62. (TSSCI)。
5. 吳英璋、林耀盛、花茂琴、許文耀、郭乃文、楊建銘、姜忠信、**林宜美**、詹雅雯、王章婷、廖御圻(2019)。科學家與實務者：臺灣臨床心理學回顧與展望。 *中華心理學刊*, 61(4), 361-392。 (TSSCI)
6. Peper, E.*, Harvey, R., & **Lin, I. M.** (2019). Mindfulness training has themes common to other technique. *Biofeedback*. 47(3), 50-57. (審查制度期刊)
7. Wang, S. Y., **Lin, I. M.***, Fan, S. Y., Tsai, Y. C., Yen, C. F., Yeh, Y. C., Huang, M. F., Lee, Y., Chiu, N. M., Hung, C. F., Wang, P. W., Liu, T. L., & Lin, H. C., (2019). The effects of ALAY and high-beta down-training neurofeedback for patients with major depressive disorder and anxiety symptoms. *Journal of Affective Disorders*, 257, 287-296. (SSCI)
8. **林宜美***(2019)。回應〈神經回饋訓練與家長管教訓練對注意力不足/過動症共病對立反抗症學齡男童的個案研究〉。 *中華心理衛生學刊*, 32(1), 35-42。 (TSSCI)
9. **Lin, I. M.**, Fan, S. Y., Yen, C. F., Yeh, Y. C., Tang, Z. C., Huang, M. F., Liu, T. L., Wang, P. W., Lin, H. C., Tsai, H. Y., & Tsai, Y. C.*, (2019). Heart rate variability biofeedback increased autonomic activation and improved symptoms of depression and insomnia among patients with major depression disorder. *Clinical Psychopharmacology and Neuroscience*. (SCI)
10. 王三瑜、林維君*、**林宜美**、黃文聰、馮雅瑄(2019)。心跳變異生理回饋在癌症存活者之療效：病例報告。 *臨床心理學刊*, 11(1/2), 19-29。
11. Fan, S. Y.*, Wang, Y. W., & **Lin, I. M.** (2018). Allow natural death versus do-not-resuscitate: Titles, information contents, outcomes, and the considerations related to do-not-resuscitate decision. *BMC Palliative Care*, 17(114), 1-7. (SCI)
12. **Lin, I. M.*** (2018). The effects of cardiorespiratory synchronization training combined mobile application on heart rate variability and electroencephalography in healthy adults. *International Journal of Psychophysiology*, 134, 168-177. (SSCI)
13. 林沛昀、呂學禎、張家禎、**林宜美***(2018)。心跳變異生理回饋對冠心病合併早發性心

室收縮患者之療效。 *台灣家醫誌*, 28(3), 128-141。

14. Peper, E., Harvey, R., Mason, L., & **Lin, I. M.** (2018). Do better in math: How your body posture may change stereotype threat response. *NeuroRegulation*, 5(2), 67-74. (審查制度期刊)
15. Wang, C. C., Lin, H. C., Chen, M. H., Ko, N. Y., Chang, Y. P., **Lin, I. M.***, & Yen, C. F.* (2018). Effects of traditional and cyber homophobic bullying in childhood on depression, anxiety, and pain in emerging adulthood and the moderating effects of social support among gay and bisexual men in Taiwan. *Neuropsychiatric Disease and Treatment*, 14, 1309-1317. (SCI) (共同通訊作者)。
16. Yu, L. C., **Lin, I. M.***, Fan, S. F., Chien, C. L., & Lin, T. H. (2018). One-year cardiovascular prognosis of the randomized, controlled, short-term heart rate variability biofeedback among patients with coronary artery disease. *International Journal of Behavioral Medicine*, 25, 271-282. (SSCI)
17. 張娟鳳、李亞芸、**林宜美***(2018)。一位高齡寡母悲傷調適之歷程：宗教信仰與意義建構。 *高雄行為科學學刊*, 6, 27-45。(審查制度期刊)
18. Peper, E., Booiman, A., **Lin, I. M.**, & Harvey, R. (2017). Increase strength and mood with posture. *Somatics*, 18(1), 34-39. (審查制度期刊)
19. Peper, E., **Lin, I. M.**, Harvey, R., & Perez, J. (2017). How posture affects memory recall and mood. *Biofeedback*, 45(2), 36-41. (審查制度期刊)
20. Peper, E., **Lin, I. M.**, & Harvey, R. (2017). Posture and mood: Implications and applications to therapy. *Biofeedback*, 45(2), 42-48. (審查制度期刊)
21. **Lin, I. M.***, Lu, S. C., Chu, H. S., Lee, C. S., Lu, Y. H., Kuo, H. F., & Lin, T. H. (2017). The relationship between brachial-ankle pulse wave velocity and depressive symptoms among patients with coronary artery disease. *Acta Cardiologica Sinica*, 33, 303-309. (SCI)
22. **Lin, I. M.**, Lin, H. L., & Huang, T. L.* (2017). Serum brain-derived neurotrophic factor, social cognition and social function among patients with schizophrenia. *Taiwanese Journal of Psychiatry*, 31(1), 80-89. (審查制度期刊)
23. **Lin, I. M.**, Wang S. Y., Chu, I. H., Lu, Y. H., Lee, C. S., Lin, T. H., & Fan, S. Y.* (2017). The association of Type D personality with heart rate variability and lipid profiles among patients with coronary artery disease. *International Journal of Behavioral Medicine*, 24(1), 101-109. (SSCI)
24. Fan, S. Y.*, **Lin, I. M.**, Hsieh, J. G., & Chang, C. J. (2017). Psychosocial care provided by physicians and nurses in palliative care: A mixed methods study. *Journal of Pain and Symptom Management*, 53(2), 216-223. (SCI)
25. Chu, I. H.*, Wu, W. L., **Lin, I. M.**, Chang, Y. K., Lin, Y. J., & Yang, P. C. (2017). Effects of yoga on heart rate variability and depressive symptoms in women: A randomized controlled

- trial. *Journal of Alternative and Complementary Medicine*, 23(4), 310-316. (SCI)
26. Peper, E.*, Lee, S., Harvey, R., & **Lin, I. M.** (2016). Breathing and math performance: Implications for performance and neurotherapy. *NeuroRegulation*, 3(4), 142-149.
 27. **Lin, I. M.**, Ko, J. M., Fan, S. Y., & Yeh, C. F.* (2016). Heart rate variability and the efficacy of biofeedback in heroin users with depressive symptoms. *Clinical Psychopharmacology and Neuroscience*, 14(2), 168-176. (SCI)
 28. Wang, S. Y., **Lin, I. M.***, Peper, E., Chen, Y. T., Tang, T. C., Yeh, Y. C., Tsai, Y. C., & Chu, C. C. (2016). The efficacy of neurofeedback among patients with major depressive disorder: preliminary study. *NeuroRegulation*, 3(3), 127-134.
 29. Tsai, H. Y., Peper, E., & **Lin, I. M.*** (2016). EEG patterns under positive/negative body postures and emotion recall tasks. *NeuroRegulation*, 3(1), 23-27.
 30. Peper, E., Booiman, A., **Lin, I. M.**, & Harvey, R. (2016). Increase strength and mood with posture. *Bewegreden*, 12(2), 14-17. (In Dutch)
 31. Peper, E., Booiman, A., **Lin, I. M.**, & Harvey, R. (2016). Increase strength and mood with posture. *Biofeedback*, 44(2), 66-72. (In English)
 32. Peper, E., Booiman, A., **Lin, I. M.**, Harvey, R., & Mitose, J. (2016). Abdominal SEMG feedback for diaphragmatic breathing: A methodological note. *Biofeedback*, 44(1), 42-49.
 33. 黃姿菡、沈葭蔚、林晴筠、曾愉芳、林憶婷、**林宜美**、杜鴻賓、張家禎(2015 September)。台灣婦女停經前後心跳變異率之變化。 *台灣家醫誌*, 25(3), 186-195。
 34. Harvey, R., **Lin, I. M.**, & Booiman, A. (2015). Multicultural and diversity training considerations for biofeedback practitioners. *Biofeedback*, 43(4), 163-167.
 35. Peper, E., Nemoto, S., **Lin, I. M.**, & Harvey, R. (2015). Seeing is believing: Biofeedback as a tool to enhance motivation for cognitive therapy. *Biofeedback*, 43(4), 168-172.
 36. Peper, E., Gilbert, C. D., Harvey, R., & **Lin, I. M.** (2015). Did you ask about abdominal surgery or injury? A learned disuse risk factor for breathing dysfunction. *Biofeedback*, 43(4), 173-179.
 37. Chu, I. H.*, Lin, Y. J., Wu, W. L., Chang, Y. K., & **Lin, I. M.** (2015). Effects of yoga on heart rate variability and mood in women: A randomized controlled trial. *Journal of Alternative and Complementary Medicine*, 21(12), 789-795. (SCI)
 38. **Lin, I. M.**, Weng, C. Y., Lin, T. K.*, & Lin, C. L. (2015). The relationship between expressive/suppressive hostility behavior and autonomic nervous activations in coronary artery disease patients. *Acta Cardiologica Sinica*, 31(4), 308-316. (SCI)
 39. **Lin, I. M.***, Fan, S. Y., Lu, H. C., Lin, T. H., Chu, C. S., Kuo, H. F., Lee, C. S., & Lu, Y. H. (2015). Randomized controlled trial of heart rate variability biofeedback in cardiac autonomic and hostility among patients with coronary artery disease. *Behaviour Research and Therapy*, 70, 38-46. (SSCI)
 40. 張瓊珠、**林宜美***(2015, March)。五專護生臨床實習前預期性焦慮與因應策略。 *長庚護理雜誌*, 26(1), 1-12。(通訊作者)(審查制度期刊)

41. Shiah, Y. J.*, Chang, F., Chiang, S. K., **Lin, I. M.**, & Tam, W. C. C. (2015). Religion and health: Anxiety, religiosity, meaning of life and mental health. *Journal of Religion & Health*, 54(1), 35-45. (SSCI)
42. **Lin, I. M.***, Fan, S. Y., Lu, Y. H., Lee, C. S., Wu, K. T., & Ji, H. J. (2015). Exploring the blood volume amplitude and pulse transit time during anger recall in patients with coronary artery disease. *Journal of Cardiology*, 65, 50-56. (SCI)
43. Li, S. M., & **Lin, I. M.*** (2014). The relationship between attachment style and internet addiction. *Taiwanese Journal of Psychiatry*, 28(4), 251-257. (審查制度期刊)
44. Peper, E.*, **Lin, I. M.**, Harvey, R., Gilbert, M., Gubbala, P., Ratkovich, A., & Fletcher, L. (2014). Transforming chained behaviors: Case studies of overcoming smoking, eczema and hair pulling (trichotillomania). *Biofeedback*, 42(4), 154-160. (審查制度期刊)
45. Yen, C. F., **Lin, I. M.**, Liu, T. L., Hu, H. F., & Cheng, C. P.* (2014). Mediating effects of depression and anxiety on the relationship between bullying involvement and pain problems among adolescents in Taiwan. *Comprehensive Psychiatry*, 55(6), 1415-1521. (SSCI)(共同第一作者)
46. Fan, S. F., Lin, W. C., & **Lin, I. M.** (2014). Psychosocial care and the role of clinical psychologists in palliative care. *American Journal of Hospice & Palliative Medicine*, 1-8. (SCI)
47. Peper, E., Harvey, R., & **Lin, I. M.**, & Duvvuri, P. (2014). Increase productivity, decrease procrastination, and increase energy. *Biofeedback*, 42(2), 82-87. (審查制度期刊)
48. 林宜美、紀慧菁、Erik Peper、張娟鳳*(2014)。聚光燈下的鹿：壓力性頭腦空白症候群與心身反應之關係。高雄行為科學學刊，4，115-140。(審查制度期刊)
49. **Lin, I. M.**, Tai, L. Y., & Fan, S. Y.* (2014). Breathing at a rate of 5.5 breaths per minute with equal inhalation-to-exhalation ratio increases heart rate variability. *International Journal of Psychophysiology*, 91(3), 206-211. (SSCI)
50. Peper, E.*, Booiman, A., & **Lin, I. M.**, & Shaffer, F. (2014). Making the unaware aware: Surface electromyography to unmask tension and teach awareness. *Biofeedback*, 42(1), 16-23. (審查制度期刊)
51. **Lin, I. M.**, Fan, S. Y.*, Huang, T. L., Wu, W. T., & Li, S. M. (2013). The associations between visual attention and facial expression identification in schizophrenia patients. *Psychiatry Investigation*, 10(4), 393-398. (SSCI)
52. Tsai, M. C., Liou, C. W., Lin, T. K., **Lin, I. M.**, & Huang, T. L.* (2013). Bcl-2 associated with positive symptoms of schizophrenic patients in an acute phase. *Psychiatric Research*, 210(3), 735-738. (SCI)
53. Tsai, M. C., Liou, C. W., Lin, T. K., **Lin, I. M.**, & Huang, T. L.* (2013). Changes in oxidative stress markers in patients with schizophrenia: The effect of antipsychotic drugs. *Psychiatry Research*, 209(3), 284-290. (SCI)
54. **Lin, I. M.**, Tsai, Y. C.*, Peper, E., & Yen, C. F. (2013). Depressive mood and frontal alpha

- asymmetry during the luteal phase in premenstrual dysphoric disorder. *Journal of Obstetrics and Gynaecology Research*, 39(5), 998-1006. (SCI)
55. Peper, E.* & Lin, I. M. (2012). Increase or decrease depression: How body postures influences your energy level. *Biofeedback*, 40(3), 125-130. (審查制度期刊)
 56. Li, S. M., Lin, I. M.*, Yu, Y. F., & Chen, Y. M. (2012). A survey of patients' attitude towards the Needle Exchange Program. *Taiwanese Journal of Psychiatry*, 26(3), 226-227. (TSSCI)
 57. Lin, I. M., & Hwang, Y. C.* (2012). Toward the emotional factors on social network relationships: Impacts of hostility behaviors. *International Journal of Digital Content Technology and its Applications*, 6(6), 256-265. (EI)
 58. Lin, X. J., Lin, I. M., & Fan, S. Y.* (2012). Methodological issues in measuring health-related quality of life. *Tzu Chi Medical Journal*, 25(1), 8-12. (審查制度期刊)
 59. Lin, I. M.*, & Hwang, Y. C. (2011). Exploring the social network relationships on hostility behaviors. *Proceedings of International Conference on Advances in Social Networks Analysis and Mining*, 667-671. (IEEE 研討會全文論文)
 60. Lin, I. M.*, Weng, C. Y., Lin, T. K., Lin, C. L. & Peper, E. (2010). Computer-assisted psychophysiological assessment in coronary artery disease patients. *Proceedings of International Congress on Computer Applications and Computational Science*, 147-150. (IEEE 研討會全文論文)
 61. Peper, E.*, Shaffer, F., & Lin, I. M. (2010). Garbage in; garbage out-- Identify BVP artifacts before analyzing and interpreting BVP, blood volume pulse amplitude, and heart rate/respiratory sinus arrhythmia data. *Biofeedback*, 38(1), 19-23. (審查制度期刊)
 62. Weng, C. Y.*, Lin I. M., & Jiang, D. Y. (2010). The moderating effects of gender on the associations between multidimensional hostility and psychosomatic symptoms: A Chinese case. *International Journal of Psychology*, 45(4), 286-293. (SSCI)
 63. 張瓊珠、簡秀芬、林宜美*(2009)。情緒管理團體對護專學生之憂鬱與焦慮情緒之成效分析。 *崇仁學報*，3，p35-54。(通訊作者) (審查制度期刊)
 64. Lin, I. M., & Peper, E.* (2009). Keep the cell phones and PDAs away from EMG sensors and the human body to prevent electromagnetic interference artifacts and cancer. *Biofeedback*, 37(3), 114-116. (審查制度期刊)
 65. Lin, I. M., & Peper, E.* (2009). Psychophysiological patterns during cell phone text messaging: A preliminary study. *Applied Psychophysiology and Biofeedback*, 34, 53-57. (SSCI)
 66. 翁嘉英*、林宜美、呂碧鴻、陳秀蓉、吳英璋、鄭逸如(2008)。短式華人敵意量表之編製與心理計量特性研究。 *測驗年刊*，55(3)，p 463-486。(TSSCI)
 67. Lin, T. K., Weng, C. Y., Wang, W. C., Chen, C. C., Lin, I. M., & Lin, C. L.* (2008). Hostility trait and vascular dilatory functions in healthy Taiwanese. *Journal of Behavioral Medicine*, 31(6), 517-524. (SSCI)
 68. Lin, I. M., Peper, E.*, & Weng, C. Y. (2007). Current and future status of biofeedback in

- Taiwan. *Biofeedback*, 35(4), 122-125. (審查制度期刊)
69. Peper, E.*, Harvey, R., **Lin, I. M.**, Tylova, H., & Moss, D. (2007). Is there more to blood volume pulse than heart rate variability, respiratory sinus arrhythmia, and cardio-respiratory synchrony? *Biofeedback*, 35(2), 54-61. (審查制度期刊)
70. **Lin, I. M.**, Peper, E.*, Lin, W. C., Long, G. H., Burke, A., & Weng, C. Y. (2006). Psychophysiological assessment of Buddhist Taiwanese chanting: A case report. *Subtle Energies and Energy Medicine*, 17(2), 151-161. (審查制度期刊)
71. 林宜美(2005)。健康心理學新趨勢：冠狀動脈心臟病為例。《臨床心理通訊》，30，p5-8。
72. 林宜美(2005)。強迫性人格疾患的認知行為治療。《臨床心理通訊》，27，p10-13。
73. 林宜美、翁嘉英*(2002)。冠狀動脈心臟病與頭痛的敵意型態比較。《中華心理學刊》，44(2)，p 211-226。(TSSCI)

(二)、研討會論文(Conference Paper)

1. 余泫恩、紀慧菁、林宜美*(2020/7/26)。情緒偵測與自主神經反應。台灣生理神經回饋學會年會。高雄，台灣。
2. 吳胤蓁、王三瑜、林宜美*(2020/7/26)。情緒偵測與腦波反應。台灣生理神經回饋學會年會。高雄，台灣。
3. Ko, C. I., Lu, T. I., & **Lin, I. M.*** (2019/10/7-9). Reliability and Validity of the Chinese Version of Emotional Eater Questionnaire and Grazing Questionnaire. Poster session presented at the 9th Mind-Body Interface International Symposium, Taichung, Taiwan.
4. Chen, T. C., & **Lin, I. M.*** (2019/10/7-9). The learning effects during high beta down-training neurofeedback for patients comorbid with major depressive disorder and anxiety symptoms. Poster session presented at the 9th Mind-Body Interface International Symposium, Taichung, Taiwan.
5. 王三瑜、林宜美*(2019/5/4)。神經回饋對共病焦慮症狀的鬱症患者之療效：個案報告。台灣生理、神經回饋學會與台灣應用心理學年會聯合年會。高雄，台灣。
6. 呂姿誼、林宜美*(2019/5/4)。生理回饋應用在研究生壓力管理之療效：個案報告。台灣生理、神經回饋學會與台灣應用心理學年會聯合年會。高雄，台灣。
7. 王三瑜、張育菱、林宜美*(2019/5/4)。單次團體定速呼吸訓練搭配自我暗示放鬆訓練在居家訓練之療效。台灣生理、神經回饋學會與台灣應用心理學年會聯合年會。高雄，台灣。
8. **Lin, I. M.**, Lin, H. Y., Wang, S. Y., Fan, S. Y., Lee, Y., Chiu, N. M., Hung, C. F., Yen, C. F., Yeh, Y. C., Huang, M. F., Liu, T. L., Wang, P. W., & Lin, H. C. (2019/4/8-13). Quantitative electroencephalography in patients with major depressive disorder combined with anxious symptoms. Poster session presented at the Annual Meeting of Biofeedback Foundation of Europe, Cardiff, Wales, UK.

9. Lu, T. Y., **Lin, I. M.***, & Ko, C. I., Lee, C. Y., & Cho, C. Y. (2019/4/8-13). The electroencephalogram patterns of food craving in overweight and obese patients. Poster session presented at the Annual Meeting of Biofeedback Foundation of Europe, Cardiff, Wales, UK.
10. Lin, C. Y., Chang, T. F., & **Lin, I. M.** (2019/4/8-13). The differences in the peripheral autonomic nervous activity under emotional recall task between the major depressive disorder and the healthy controls. Poster session presented at the Annual Meeting of Biofeedback Foundation of Europe, Cardiff, Wales, UK.
11. **Lin, I. M.***, Hung, Y. T., Fan, S. Y., Lee, Y., Chiu, N. M., Hung, C. F., Yen, C. F., Yeh, Y. C., Huang, M. F., Liu, T. L., Wang, P. W., & Lin, H. C. (2018/10/18-21). *The frontal alpha asymmetry and neurofeedback in patients with major depressive disorder*. Poster session presented at 2018 Annual Conference of International Society for Neurofeedback and Research (ISNR). Glendale, AZ, USA.
12. Wang, S. Y., **Lin, I. M.***, Tsai, Y. Ch., Yen, C. F., Yeh, Y. C., Huang, M. F., Liu, T. L., Wang, P. W., Lin, H. C., Lee, Y., Chiu, N. M., & Hung, C. F. (2018/10/18-21). *The effects of ALAY and high beta down-train neurofeedback for patients who comorbid with major depressive disorder and anxiety symptoms*. Poster session presented at 2018 Annual Conference of International Society for Neurofeedback and Research (ISNR). Glendale, AZ, USA. **[Student Travel Award]**
13. Lin, H. C., Chen, Y. H., Chen, I. Y., **Lin, I. M.**, & Wu, H. Y. (2018 June 24-28). *The effect of heart rate and blood pressure on different kinds of gratitude*. The World Positive Education Accelerator. Texas, USA.
14. Peper, E., Mason, L., Harvey, R., & **Lin, I. M.** (2018, April 11-14). *Posture affects on math performance*. Poster session presented at the 46th annual meeting of Association for Applied Psychophysiology and Biofeedback (AAPB). Orlando, Florida.
15. **Lin, I. M.** (2017, September 21-24). The effects of mobile application for cardiorespiratory synchronization training on heart rate variability and electroencephalography. Poster session presented at 2017 Annual Conference of International Society for Neurofeedback and Research (ISNR). Mashantucket, CT, USA.
16. Chen, T. C., **Lin, I. M.***, Chen, Y. J., Tsai, H. Y., Wang, S. Y., Hung, Y. T., Lin, H. Y., & Ko, C. I. (2017, September 21-24). The effect of slow breathing training on electroencephalogram. Poster session presented at 2017 Annual Conference of International Society for Neurofeedback and Research (ISNR). Mashantucket, CT, USA. **[Student Travel Award]**
17. Ko, C. I., **Lin, I. M.***, Tang, T. C., Yeh, Y. C., & Yen, C. F. (2017, September 21-24). *Relationships between cortical hyperarousal and sleep quality among patients comorbid major depressive disorder and insomnia*. Poster session presented at 25th Annual Conference of International Society for Neurofeedback and Research (ISNR). Mashantucket, CT, USA.
18. Lu, Z. Y., Wang, S. Y., **Lin, I. M.***, Tang, T. C., Yeh, Y. C., & Yen, C. F. (2017, September 21-24). *The differences between frontal alpha asymmetry among healthy participants and patients*

with major depressive disorder. Poster session presented at 25th Annual Conference of International Society for Neurofeedback and Research (ISNR). Mashantucket, CT, USA.

[Student Travel Award]

19. Wang, S. Y., **Lin, I. M.***, Yeh, Y. C., Huang, M. F., Liu, T. L., Wang, P. W., Lin, H. C., & Yen, C. F. (2017, September 21-24). *Emotional changes of ALAY neurofeedback for patients comorbid of anxiety symptoms and major depressive disorder*. Poster session presented at the 25th Annual Conference of International Society for Neurofeedback and Research, Mashantucket, CT, USA.
20. 嚴國才、陳映汝、**林宜美**、卓家筠、商沛宇、李純瑩(2017, July)。心理減重團體對食物渴望與自我效能的影響。家庭醫學學會年會。台北，台灣。
21. Yu, L. C., **Lin, I. M.***, Fang, S. Y., Chien, C. L., & Lin, T. H. (2017, May 5-6). *One-year cardiovascular prognosis of the randomized, controlled, short-term heart rate variability biofeedback among patients with coronary artery disease*. Oral presentation at the Pulse of Asia (POA). Taipei, Taiwan. [Moderated Poster for Travel Grant]
22. 洪雅婷、林欣儀、**林宜美***、唐子俊、葉怡君、顏正芳(2016, October 15-16)。合併／未合併焦慮症狀的憂鬱症者在不同情緒操弄下之腦波差異。台灣心理學年會，台南，台灣。
23. 柯佳宜、陳亭君、**林宜美***、王惠菁、唐子俊、葉怡君、顏正芳(2016, October 15-16)。高／低睡眠困擾的憂鬱症患者之大腦皮質過度激發與睡眠品質的關係。台灣心理學年會，台南，台灣。
24. 王三瑜、**林宜美***、王惠菁、唐子俊、葉怡君、顏正芳(2016, October 15-16)。憂鬱症患者與健康成年人在前額葉、中線大腦區域之腦波差異探討。台灣心理學年會，台南，台灣。
25. 蔡欣宜、**林宜美***(2016, October 15-16)。心肺同步呼吸訓練與自我暗示放鬆訓練對高特質焦慮健康人之自主神經反應療效。台灣心理學年會，台南，台灣。
26. **Lin, I. M.*** (2016, July 23). *Psychological interventions in patients with cardiovascular diseases*. Symposium session presented at 6th Asian Congress of Health Psychology. Yokohama, Japan.
27. **Lin, I. M.***, & Lu, H. C. (2016, July 24-29). *The relationship between brachial-ankle pulse wave velocity and depressive symptoms among patients with coronary artery disease*. Poster session presented at 31st International Congress of Psychology (ICP). Yokohama, Japan.
28. Wang, S. Y., **Lin, I. M.***, Huang, C. Y., Huang, Y. T., Lin, H. Y., Ko, C. I., and Chen, S. P. (2016, July 24-29). *The integration of breathing training into mobile application on heart rate variability*. Poster session presented at 31st International Congress of Psychology (ICP). Yokohama, Japan.
29. Weng, C. Y., Lin, C. L., Lin, T. K., Chen, C. W., **Lin, I. M.**, Li, Y. D., & Hsu, C. T. (2016, July 24-29). *Case-control trial of Cognitive-behavior Group Therapy Program in Reducing Hostility and Improving Parasympathetic Activity for Patients with Coronary Heart Disease*.

Poster session presented at 31st International Congress of Psychology (ICP). Yokohama, Japan.

30. Chen, C. F., Chiang, H. J., & **Lin, I. M.** (2016, July 24-29). *The applications of assessment on heart rate variability in employee assistance program*. Poster session presented at 31st International Congress of Psychology (ICP). Yokohama, Japan.
31. 蔡欣宜、王三瑜、**林宜美**(2016, April 16-17)。穿戴式裝置結合APP進行呼吸與放鬆訓練在自主神經反應之效果。台灣臨床心理學年會，台北，台灣。【榮獲台灣臨床心理學年會最佳壁報論文首獎】
32. 李泳萱、蔡欣宜、李昱、**林宜美***(2016, April 16-17)。鬱症與焦慮症患者在心理量表與心跳變異率之差異。台灣臨床心理學年會，台北，台灣。
33. 王三瑜、**林宜美***、李智雄、盧怡旭、朱志生、郭炫孚、林宗憲(2016, April 16-17)。合併／未合併憂鬱症狀之冠心病患者在人格、負向情緒與自主神經反應之關係。台灣臨床心理學年會，台北，台灣。
34. 呂學禎、王惠菁、**林宜美***(2016, April 16-17)。心跳變異生理回饋在冠心病患者生理病理機制之驗證。台灣臨床心理學年會，台北，台灣。
35. 柯佳宜、陳映汝、蔡欣宜、王三瑜、**林宜美***(2015, October 31)。抬頭坐姿有助於提升正向情緒與縮短回憶正向事件反應時間。健康與管理學術研討會，台北，新竹。【榮獲優秀論文獎】
36. 周品君、蔡欣宜、陳映汝、王三瑜、呂學禎、**林宜美***(2015, October 17-18)。不同身體姿勢回憶情緒事件之腦波型態。台灣心理學年會，台北，台灣。
37. **Lin, I. M.***, Chu, C. C., Tang, Z. C., & Tsai, Y. C. (2015, October 15-18). *Daytime cortical arousal among patients with comorbid insomnia and major depressive disorder*. Poster session presented at 23 rd Annual Conference of International Society for Neurofeedback and Research (ISNR). Denver, Colorado, USA.
38. Tsai, H. Y., Chou, P. C., Peper, E., & **Lin, I. M.*** (2015, October 15-18). *EEG patterns under different body postures and emotion stages*. Poster session presented at 23 rd Annual Conference of International Society for Neurofeedback and Research (ISNR). Denver, Colorado, USA.
39. Chen, Y. J., Ko. C. I., Peper, E., & **Lin, I. M.*** (2015, October 15-18). *EEG patterns under posture of resting baseline, erect, and slouch*. Poster session presented at 23 rd Annual Conference of International Society for Neurofeedback and Research (ISNR). Denver, Colorado, USA.
40. Lin, P. Y., Lu, H. C., Peper, E., & **Lin, I. M.*** (2015, October 15-18). *The relationships between heart rate variability and electroencephalography under erect and slouch postures*. Poster session presented at 23 rd Annual Conference of International Society for Neurofeedback and Research (ISNR). Denver, Colorado, USA.
41. Wang, S. Y., **Lin, I. M.***, Chen, Y. T., Chu, C. C., Tang, T. C., & Tsai, Y. C. (2015, October 15-18). *The efficacy of neurofeedback among patients with major depression disorder*. Poster

session presented at 23 rd Annual Conference of International Society for Neurofeedback and Research (ISNR). Denver, Colorado, USA.

42. Lu, H. C., Lin, P. Y., Lin, T. H., Kuo, H. F., Chu, C. S., Lu, Y. H., Lee, C. S., & **Lin, I. M.*** (2015, May 1-3). *The effect of heart rate variability biofeedback on blood pressure regulation among patients with coronary heart disease.* Poster session presented at The 1st International Conference of Applied Psychology for Chinese Societies (ICAPC). Taipei, Taiwan.
43. 詹惠萍、蔣馨怡、**林宜美**、蔡宇哲* (2015, March 28-29)。睡眠限制對入睡後自主神經活動的影響。台灣睡眠醫學會年會，桃園，台灣。
44. Peper, E., Booiman, A., **Lin, I. M.**, Harvey, R. & Del Dosso, A. (2015, March 11-14). *Posture changes, perceived strength and SEMG.* Poster session presented at the 46th annual meeting of Association for Applied Psychophysiology and Biofeedback (AAPB). Austin, Texas.
45. Schwanbeck, R., Peper, E., Booiman, A., Harvey, R., & **Lin, I. M.** (2015, March 11-14). *Posture changes with a seat insert: Changes in strength and not EMG.* Poster session presented at the 46th annual meeting of Association for Applied Psychophysiology and Biofeedback (AAPB). Austin, Texas.
46. Peper, E., Booiman, A., **Lin, I. M.**, Harvey, R., Mitose, J. (2015, March 11-14). *Abdominal SEMG feedback for diaphragmatic breathing: A methodological note.* Poster session presented at the 46th annual meeting of Association for Applied Psychophysiology and Biofeedback (AAPB). Austin, Texas.
47. 呂學禎、林沛昀、**林宜美**(2015, March 14-15)。冠心病患者的動脈硬化程度與憂鬱之關係。台灣臨床心理學年會，台南，台灣。
48. 王三瑜、**林宜美**(2015, March 14-15)。冠心病患者之自主神經應激反應與恢復速率和敵意之關係。台灣臨床心理學年會，台南，台灣。
49. 王三瑜、**林宜美**(2014, November 8-9)。D 型人格的冠心病患者與憂鬱、焦慮、自主神經反應之關係。台灣心理學年會，台北，台灣。
50. 呂學禎、林沛昀、**林宜美**(2014, November 8-9)。合併早發性心室收縮的冠心病患者在心跳變異生理回饋訓練之成效評估：初探性研究。台灣心理學年會，台北，台灣。
51. 許琇婷、張家禎、**林宜美**、蔡宇哲(2014, March 29-30)。高血壓患者失眠程度與自主神經活動之關係。台灣睡眠醫學會，台北，台灣。
52. Peper, E., Harvey, R., & **Lin, I. M.** (2014, March 19-22). *Increase productivity, decrease procrastination and increase energy.* Poster session presented at the 45th annual meeting of Association for Applied Psychophysiology and Biofeedback (AAPB). Savannah, Georgia.
53. **林宜美***(2014, March 8-9)。生理回饋在精神科、心臟內科、家醫科、自費健檢之臨床實務與應用。台灣臨床心理學年會，台北，台灣。
54. 戴林媛、**林宜美***(2014, March 8-9)。心跳變異生理回饋在合併憂鬱之冠心病患者之應用。台灣臨床心理學年會，台北，台灣。
55. 呂學禎、**林宜美***(2014, March 8-9)。心跳變異生理回饋在重鬱症之應用。台灣臨床心理學年會，台北，台灣。

56. 朱哲成、陳毓婷、蔡珮琦、林宜美*(2014, March 8-9)。生理回饋在慢性病患者之評估與介入。台灣臨床心理學年會，台北，台灣。
57. Lu, H. C., Huang, S. T., **Lin, I. M.***, Tang, Z. C., & Yeh, Y. C. (2014, February 11-15). *Heart rate variability biofeedback increases respiratory sinus arrhythmia and heart rate amplitude in patients with major depression disorder*. Poster session presented at the 17th Annual Meeting of Biofeedback Foundation of Europe. Venice, Italy.
58. Yu, L. C., **Lin, I. M.***, Lu, Y. H., & Lee, C. S. (2014, February 11-15). *The fluctuation and resilience of skin conduction and finger temperature in patients with coronary artery disease and healthy adults*. Poster session presented at the 17th Annual Meeting of Biofeedback Foundation of Europe. Venice, Italy.
59. Chen, Y. J., Chen, C. F., Fan, S. Y., Tasi, J. S., & **Lin, I. M.*** (2014, February 11-15). *The relationship between anger rumination and autonomic nervous reaction in older adults*. Poster session presented at the 17th Annual Meeting of Biofeedback Foundation of Europe. Venice, Italy.
60. Lin, P. Y., **Lin, I. M.***, Tai, L. Y., & Lu, H. C. (2014, February 11-15). *The relationships between four frequency bands of respiration rate and heart rate variability*. Poster session presented at the 17th Annual Meeting of Biofeedback Foundation of Europe. Venice, Italy.
61. **Lin, I. M.***, Fan, S. Y., Peper, E., Tang, Z. C., Yeh, Y. C., and Yeh, C. F. (2014, February 11-15). *The autonomic regulation and cardiac vagal control in patients with major depressive disorder*. Poster session presented at the 17th Annual Meeting of Biofeedback Foundation of Europe. Venice, Italy.
62. 林沛昫、陳映汝、黃湘淄、呂學禎、林宜美*(2013, October 19-20)。D 型人格與憂鬱焦慮、身心症狀及自主神經之關係。台灣心理學年會，台北，台灣。
63. 陳映汝、林沛昫、黃湘淄、呂學禎、林宜美*(2013, October 19-20)。探討生氣反思、自主神經與身心症狀之關係。台灣心理學年會，台北，台灣。
64. 黃湘淄、呂學禎、陳映汝、林沛昫、林宜美*(2013, October 19-20)。探討憂鬱反芻與憂鬱情緒、睡眠品質、睡前身心警覺之關係。台灣心理學年會，台北，台灣。
65. Chang, C. C.*, & **Lin, I. M.** (2013, September 3-5). *The anticipatory anxiety of nursing students before clinical practice*. Poster session presented at the International Networking for Healthcare Education Conference. Cambridge, UK.
66. **Lin, I. M.***, Hu, T. L., Tai, L. Y., Lu, Y. H., & Lee, C. S. (2013, March 14-16). *Heart rate variability biofeedback in increases cardiac autonomic balance and decreases hostility for coronary artery disease patients*. Poster session presented at the 44th annual meeting of Association for Applied Psychophysiology and Biofeedback (AAPB). Portland, Oregon.
67. **Lin, I. M.***, Fan, S. Y., Tang, Z. C., & Peper, E. (2013, March 14-16). *Heart rate variability biofeedback improves depression and sleep quality in patients with major depression disorder*. Poster session presented at the 44th annual meeting of Association for Applied Psychophysiology and Biofeedback (AAPB). Portland, Oregon.

68. **Lin, I. M.***, Ko, J. M., Chen, Y. C., Fan, S. Y., Chen, Y. T., Chu, C. C., Chan, H. P., Lu, H. C., & Ji, H. J. (2013, March 14-16). *A pilot study of the efficacy of heart rate variability biofeedback in substance addiction*. Poster session presented at the 44th annual meeting of Association for Applied Psychophysiology and Biofeedback (AAPB). Portland, Oregon.
69. Harvey, R., Peper, E.* , **Lin, I. M.**, Stolz, R., & Kondo, T. (2013, March 14-16). *Stress profiling for addressing performance anxiety or blanking out during exams*. Poster session presented at the 44th annual meeting of Association for Applied Psychophysiology and Biofeedback (AAPB). Portland, Oregon.
70. 戴林媛、**林宜美***、張素菁、盧怡旭、李智雄(2013, March 9-10)。冠狀動脈心臟病患者合併憂鬱症狀之自主神經反應。台灣臨床心理學年會，台南，台灣。
71. **林宜美***、紀慧菁、陳毓婷、朱哲成、呂學禎、蔣馨怡、羅敬宜、許琇婷、黃姿函、陳思臻、陳映汝、林沛昀(2013, March 9-10)。發展生理回饋評估之標準化程序與解釋歷程。台灣臨床心理學年會。台南，台灣。
72. 黎士鳴*、**林宜美**、陳秋榛、林晏菽、林昭予(2013, March 9-10)。精神科疾病住院滿意度問卷之建構。台灣臨床心理學年會。台南，台灣。
73. **Lin, I. M. *** (2012, Nov. 31-Dec.2). *The relationship between depressive symptoms, sleep arousal, and autonomic activities*. Symposium conducted at The 7th Asian Sleep Research Society Congress. Taipei, Taiwan.
74. Chu, C. C., Chen, Y. T., **Lin, I. M.***, Tsai, Y. C., Tang, Z. C., Yen, C. F. (2012, Nov. 31-Dec.2). *The EEG differences between severe and mild sleep disturbances in patients with major depressive disorder*. Poster session presented at The 7th Asian Sleep Research Society Congress. Taipei, Taiwan.
75. 陳毓婷、朱哲成、**林宜美**、蔡宇哲、唐子俊、顏正芳(2012, October 13-14)。憂鬱症患者在不同意緒情境下之前額葉 α 波不對稱現象。台灣心理學會年會，台中，台灣。
76. **林宜美***、紀慧菁、陳毓婷、朱哲成、詹惠萍、蔡宇哲、唐子俊、顏正芳(2012, October 13-14)。重鬱症患者之睡眠品質、身心警覺狀態和自主神經之相關。台灣臨床心理學會年會，台中，台灣。
77. 詹惠萍、**林宜美***、陳毓婷、朱哲成、紀慧菁、李昆樺(2012, October 13-14)。內觀治療對物質成癮個案之生理改變效果。台灣心理學會年會，台中，台灣。(榮獲台灣心理學會優秀壁報論文獎)
78. 紀慧菁、**林宜美***(2012, October 13-14)。憂鬱反芻與自主神經調控、身心症狀之關係。台灣心理學會年會，台中，台灣。
79. Chang, C. J., Tsai, C. H., **Lin, I. M.** (2012, May). *The relationship between multidimensional hostility and reactivity of cardiovascular and automatic nervous system for essential hypertensive patients*. Poster session presented at International Conference on Evidence-Based Research and Practice in Older Adults. Kaohsiung, Taiwan.
80. 沈淑貞、**林宜美**、顏永杰、王朝平、曹玉玫、李宛津(2012, March)。重鬱症患者的自律神經系統與內皮細胞功能關聯性之初探。台灣臨床心理學會年會，台中，台灣。

81. 胡德綸、戴林媛、**林宜美***、盧怡旭、李智雄、李碩榮(2012, March)。心跳變異生理回饋對壓抑敵意性格之冠狀動脈心臟病之療效研究：初探性研究。台灣臨床心理學會年會，台中，台灣。
82. 紀慧菁、**林宜美**(2012, March)。探討冠狀動脈心臟病患者與健康成年人在生氣回憶作業時血流脈衝和脈衝傳導時間之差異。台灣臨床心理學會年會，台中，台灣。
83. **Lin, I.M.***, Lee, S. T., Lu, Y. H., Lee, C. S., & Wu, K. T. (2012, March 14-17). *Exploring the blood volume pulse and pulse transit time during the anger recall and recovery in normal controls and coronary artery disease patients*. Poster session presented at 70 th Annual Scientific Meeting of American Psychosomatic Society. Athens, Greece.
84. **Lin, I. M.***, Hu, T. L., Weng, C. Y., Tsai, Y. C., Wu, K. T., Lin, M. N., Lin, S. C., Lin, T. K., & Lin, C. L. (2012, March 14-17). *Association between cardiac autonomic activation and expressive hostility/ suppressive hostility, anger rumination, and type D personality*. Poster session presented at 70 th Annual Scientific Meeting of American Psychosomatic Society. Athens, Greece.
85. Shen, S. C., **Lin, I. M.**, Yen, Y. C., & Wang, C. P. (2012, March 14-17). *Relationship between brachial-ankle pulse wave velocity and heart rate variability in major depression disorder*. Poster session presented at 70 th Annual Scientific Meeting of American Psychosomatic Society. Athens, Greece.
86. Lee, Y. T., **Lin, I. M.**, Wu, W. T., & Jennings, G. (2012, March). Exploring how Taiwanese coronary artery disease patients express their anger. Poster session presented at 2012 Texas Association for Marriage and Family Therapy Annual Conference. Texas, USA.
87. Tan, S. E., **Lin, I. M.**, & Peper, E. (2012, March). *The effectiveness of heart rate variability biofeedback for premenstrual syndrome*. Poster session presented at the 43th annual meeting of Association for Applied Psychophysiology and Biofeedback (AAPB). Baltimore, MD.
88. 蔣馨怡、蔡宇哲、**林宜美**、唐子俊、葉怡君、顏正芳(2011, October)。重鬱症患者的憂鬱症狀、覺醒狀態與睡眠品質之關係。台灣心理學會年會，台中，台灣。
89. 詹惠萍、陳毓婷、蔡宇哲、**林宜美**(2011, October)。月經前經心情惡劣疾患的憂鬱程度與前額葉腦波之關係。台灣心理學會年會，台中，台灣。
90. 紀慧菁、陳毓婷、**林宜美**、蔡宇哲(2011, October)。月經前心情惡劣疾患在後黃體期與濾泡期之自律神經反應。台灣心理學會年會，台中，台灣。
91. 戴林媛、胡德綸、**林宜美**、李智雄、盧怡旭、李碩榮(2011, October)。不同呼吸速率對自律神經反應之影響。台灣心理學會年會，台中，台灣。(榮獲台灣心理學會優秀壁報論文獎)
92. 張詠琳、吳婉婷、**林宜美**、黃條來(2011, October)。精神分裂症患者之認知功能對社會功能之影響。台灣心理學會年會，台中，台灣。
93. **Lin, I. M.**, Chen, Y. T., Tsai, Y. C., & Peper, E. (2011, September 14-17). *The frontal alpha asymmetry during luteal phase and follicle phase in premenstrual dysphoric disorder*. Poster session presented at International Society for Neurofeedback & Research. AZ, USA.

94. **Lin, I. M., & Hwang, Y. C.** (2011, July 25-27). *Exploring the social network relationships on hostility behaviors*. Symposium conducted at International conference on advances in social networks analysis and mining. Kaohsiung, Taiwan.
95. 譚湘綺、**林宜美**、陳政蓉、陳美瑾、張家禎(2011, March) 。*認知行為治療合併生理回饋對壓力引起的身心症狀之處置：個案報告*。台灣心理學會年會，桃園，台灣。
96. 林潔玟、何怡萱、**林宜美**(2010, November) 。*考前頭腦一片空白：探討壓力情境與放鬆情境對算術表現的影響*。台灣心理學會年會，嘉義，台灣。
97. 陳毓婷、**林宜美**、蔡宇哲、陳詢榮(2010, November) 。*探討月經前心情惡劣疾患之大腦前額葉 α 波不對稱現象*。台灣心理學會年會，嘉義，台灣。
98. 何怡萱、林潔玟、**林宜美**(2010, November) 。*壓力情境與放鬆情境對生理反應的影響*。台灣心理學會年會，嘉義，台灣。
99. 吳婉婷、**林宜美**、黎士鳴(2010, November) 。*精神分裂症患者視覺注意力對表情辨識之影響*。台灣心理學會年會，嘉義，台灣。
100. **Lin, I. M.,** Weng, C. Y., Lin, T. K., Lin, C. L. & Peper, E. (2010, December). *Computer-assisted psychophysiological assessment in coronary artery disease patients*. Symposium conducted at International Congress on Computer Applications and Computational Science. Singapore.
101. **Lin, I. M.,** Weng, C. Y., Lin, T. K., & Lin, C. L. (2010, August). *Cardiovascular and autonomic nervous system reactivity and recovery between expressive and suppressive hostility in coronary artery disease patients*. Young Scholar session presented at The International Conference of 4th Asian Congress of Health Psychology: Health and Future. Taipei, Taiwan.
102. **Lin, I. M.,** Weng, C. Y., Lin, T. K., & Lin, C. L. (2010, August). *Different cardiovascular and autonomic nervous system reactivity and recovery between expressive and suppressive hostility behavior patterns of coronary artery disease patients*. Symposium conducted at The International Conference of 4th Asian Congress of Health Psychology: Health and Future. Taipei, Taiwan.
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